Welcome! **Groovin’ from Home** is a set of short improvisation experiences where you can play your instrument and make up *your own* music.

Check out the different styles and tempos. Just follow the narrator’s step-by-step instructions and have fun! We hope you’ll want to play each track more than once.

Note: If a link is not working, you can access these tracks on Wendy Barden Youtube channel.

### I can improvise rhythm on one pitch (Bb Concert – scale degree 1)

1. **Slow** Rock Rhythms for Band – ROCK  
   [https://youtu.be/wh5p1qrxmHs](https://youtu.be/wh5p1qrxmHs)

2. **Funky** Fast Rhythms for Band – FUNK  
   [https://youtu.be/9ULdKUEyn80](https://youtu.be/9ULdKUEyn80)

### I can improvise melody using two pitches (Bb Concert – scale degrees 1, 2)

3. **Slow** Pop Patterns for Band – POP  
   [https://youtu.be/6uai-Tnl7GA](https://youtu.be/6uai-Tnl7GA)

### I can improvise melody using three pitches (Bb Concert – scale degrees 1, 2, 3)

4. Drone for Three Notes for Band  
   [https://youtu.be/-nxlp845v8U](https://youtu.be/-nxlp845v8U)

5. **Fast** Lemon Fresh for Band – ELECTRONICA  
   [https://youtu.be/6kjiUYBFaV8](https://youtu.be/6kjiUYBFaV8)

6. **Slow** Latin Jam for Band – LATIN  
   [https://youtu.be/Nyd7zH-fKsg](https://youtu.be/Nyd7zH-fKsg)

### I can improvise melody using five pitches (Bb Concert – scale degrees 1, 2, 3, 4, 5)

7. Drone for Five Notes for Band  
   [https://youtu.be/tRRZPkF_trc](https://youtu.be/tRRZPkF_trc)

8. **Fast** Synth Sounds for Band – POP SYNTH  
   [https://youtu.be/tZuBzy0ZFP8](https://youtu.be/tZuBzy0ZFP8)

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How are you feeling about improvising today? Come back and take another turn. The more you improvise the more fun it gets to make up your own music!