**Level: TWINKLE**

For each exercise, do the following:

**Student:** Choose a rhythm from a twinkle variation.

**Practice Partner:** Find a steady beat to tap.

**Practice Partner:** Whisper the name of the rhythm to fit into the steady beat.

**Challenge:** Student and Practice Partner trade jobs.

- March or clap the steady beat
- Clap, tap, sing, or play the rhythm $x$ times in a row within the steady beat

1. **4x in a row**
2. **4x in a row**
3. **4x in a row**
4. **4x in a row**
5. **4x in a row**
6. **4x in a row**
7. **Listen to the recording of Variation A. Find the beat. Tap the beat on your lap.**
8. **8x in a row**
9. **8x in a row**
10. **8x in a row**
11. **8x in a row**
12. **8x in a row**
13. **8x in a row**
14. **Listen to the recording of Variation B. Find the beat. March the beat in your feet.**
15 10x in a row
16 10x in a row
17 10x in a row
18 10x in a row
19 10x in a row
20 10x in a row
21 Listen to the recording of Variation C. Find the beat. Clap the beat in your hands.
22 24x in a row
23 24x in a row
24 24x in a row
25 24x in a row
26 24x in a row
27 24x in a row
28 Listen to the recording of Variation D. Find the beat. Tap the beat on your knees.
29 Choose 2 twinkle rhythms. 24x in a row.

Keep up the Steady Beats! All musicians need to know how to set and keep a steady beat.

Student Signature

Teacher Signature