
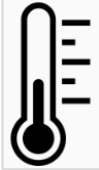








Practice Reflection

Name _____

I can reflect on my practicing.

Complete one box each day you sing or play your instrument.

<p>Today, I figured out _____</p> <p>_____</p> <p>Add detail. _____</p> <p>_____</p> <p>_____ </p>	<p>I marked my level of focus today on the thermometer somewhere between 5 and 1:</p>  <p>5 – I concentrated the whole time</p> <p>1 – I was distracted and didn't get much done</p> <p>Explain. _____</p> <p>_____</p>
<p> A favorite piece of mine this year was _____</p> <p>_____</p> <p>Explain. _____</p> <p>_____</p> <p>_____</p>	<p> Today, I am proud _____</p> <p>_____</p> <p>Explain. _____</p> <p>_____</p> <p>_____</p>
<p>Today, I improved _____</p> <p>_____</p> <p>Next time I need to work on _____</p> <p>_____</p> <p>_____ </p>	<p>A piece that was challenging for me this year was _____</p> <p>_____</p> <p>Explain. _____</p> <p>_____</p> <p>_____ </p>
<p> Brighten someone's day by sharing music!</p> <p>I chose to share _____</p> <p>with _____</p> <p>Explain. _____</p> <p>_____</p>	<p> I used to think _____</p> <p>_____</p> <p>Now I think _____</p> <p>_____</p> <p>_____</p>