



Welcome! **Groovin' from Home** is a set of short, step-by-step improvisation experiences created for beginning to intermediate recorder students. It's a chance to play your recorder and make up *your own* music.

Just follow the narrator and have fun! We hope you'll want to play each track more than once.

Week 1 – I can improvise rhythms on one pitch.

1. Slow Rock Rhythms for Recorder

<https://www.youtube.com/watch?v=zTXn3zcRKCO>

2. Funky Fast Rhythms for Recorder

<https://www.youtube.com/watch?v=a7OfwlCvN0o&t=5s>

We'll be adding more tracks, bringing in more elements. Check back next week!