

Welcome! **Groovin' from Home** is a set of short, step-by-step improvisation experiences created for beginning to intermediate orchestra students. It's a chance to play your instrument and make up *your own* music.

Just follow the narrator and have fun! We hope you'll want to play each track more than once.

Week 1 - Improvise rhythm on one pitch

- 1. Slow Rock Rhythms for Strings https://www.youtube.com/watch?v=pB9tpGhESvw&list=PLPWgnpjskH2PFC dVGDvJ15 D7osRi HHu&index=2
- 2. Funky Fast Rhythms for Strings https://www.youtube.com/watch?v=ZGYxQ64sKTc&list=PLPWgnpjskH2PFC dVGDvJ15 D7osRi HHu&index=1

We'll be adding more tracks, bringing in more elements. Check back next week!

